

# Helen Waller

Call: 2017  
waller@12kbw.co.uk



## AREAS OF EXPERTISE

Personal Injury, Industrial Disease, Clinical Negligence, Fraud, Inquests, Insurance, International & Travel, Sport

Helen is a highly experienced junior with a practice well beyond her year of call. She specialises in personal injury and industrial disease work. Her practice includes catastrophic injury and fatal accidents, both as sole and junior counsel. Helen is regularly instructed on multi-million-pound cases, including complex traumatic brain injuries and amputations. She works for both claimants and defendants, receiving instructions from leading solicitors and major insurers. She has developed particular expertise in quantum. Helen has been instructed as junior to a number of leading practitioners in the field, including Paul Russell KC, Chris Kennedy KC, William Audland KC, David Sanderson, Nigel Lewers and John-Paul Swoboda.

Helen regularly appears in trials, CCMCs, approval hearings and applications against opponents of all seniority, including silks. She also has considerable experience of JSMs, both as sole and junior counsel.

Away from 12KBW Helen enjoys wine tasting, cycling, and travelling.

## Personal Injury

---

Helen acts in multi-track cases in all areas of personal injury law, including employers' liability, public liability, occupiers' liability and road traffic cases.

As a keen road cyclist herself, Helen particularly welcomes instructions in cycling cases. She has worked on multi-million-pound catastrophic injury cases, including serious brain injuries, paraplegia, brachial plexus injuries, amputations and fatal accidents.

She has been brought in for quantum work by leading counsel, drafting seven-figure schedules of loss in catastrophic claims, including one pleaded at over £20m.

Helen provides bespoke training to both claimant and defendant personal injury practitioners and regularly presents seminars to wider audiences. As a former university lecturer, her seminars are particularly sought after.

## Publications

---

*A Practical Guide to Injury Claims Involving Cyclists* (2022), Patrick Kerr and Helen Waller

Asbestos Law and Litigation, First and Second editions (contributor)

*Case report: Dryden v Johnson Matthey plc [2018] UKSC 18*, Personal Injury Law Journal June 2018 #166

*Clarity from the Supreme Court on the scope of actionable personal injury*, PI Focus, May 2018

Thomas Lundmark & Helen Waller (2016) *Using statutes and cases in common and civil law*, Transnational Legal Theory, 7:4, 429-469

## **Qualifications & Awards**

---

BPTC – Outstanding

LL.M. Deutsches Recht (German Law) – 1st in year

BA (Law) (Cantab)

Queen Mother Scholar, Middle Temple

Harmsworth Exhibition, Middle Temple